

# CareVitality, Inc.

## MDCTO-0113

### Summary Information

*Maryland Primary Care Program, 2018 Application Cycle*

#### CTO Overview

CTO Information					
Application ID Number	MDCTO-0113				
Status of the Proposed CTO	The proposed CTO is currently in existence.				
Organization Site Name	EMR and Practice Management Consultants, In.				
DBA Name	CareVitality, Inc.				
Website (if applicable)	www.carevitality.com				
Ownership & Legal Structure					
Owned by Health Care Organization	No				
Name of Parent Organization	N/A				
Legal Structure	Profit corporation: S-Corp				
Service Area					
Counties Served	All 24 Counties: Allegany County; Anne Arundel County; Baltimore County; Baltimore City; Calvert County; Caroline County; Carroll County; Cecil County; Charles County; Dorchester County; Frederick County; Garrett County; Harford County; Howard County; Kent County; Montgomery County; Prince George's County; Queen Anne's County; Saint Mary's County; Somerset County; Talbot County; Washington County; Wicomico County; Worcester County				
Partnerships					
Formal Partnerships	American Medical Association, American Osteopathic Association, Illinois State Medical Society, New Hampshire Medical Society, Medical Society of New Jersey, Arizona State Physician Association, Medical Insurers such as MMIC, Health First Physician Network, Boulder Valley IPA, etc...				
Informal Partnerships	N/A				
Services Offered					
Tele-diagnosis	Planned for future				
Tele-behavioral health	Planned for future				
Tele-consultation	Planned for future				
Remote Monitoring	Planned for future				
Other	N/A				
HIT					
CRISP Connectivity	We currently educate and support practices on the use of services from the State-Designated Health Information Exchange (CRISP).; We assist practices in establishing electronic health information exchange with CRISP or a community-based health information exchange network.				
HIT Vendor	Meditab	MEDENT	athenahealth	eClincialWorks	Kareo
HIT Product Name	IMS	MEDENT EHR	athenaclinicals	eClinicalWorks EHR	Kareo EHR

## Care Team Members

<b>Category</b>	<b>Currently in place: How many?</b>	<b>Planned for future: How many?</b>
<b>Administrative Support</b>	2	16
<b>Behavioral Health Counselor</b>	N/A	N/A
<b>Billing/Accounting Support</b>	N/A	N/A
<b>Care Managers - RNs</b>	5	20
<b>Care Managers - Medical Assistants</b>	N/A	N/A
<b>Care Managers - CNA, MAs, LPNs</b>	60	240
<b>Community Health Workers</b>	N/A	N/A
<b>Data Analysts</b>	5	20
<b>Health IT Support</b>	3	10
<b>Licensed Social Workers</b>	0	5
<b>Nutritionist</b>	0	5
<b>Pharmacists</b>	0	1
<b>Practice Transformation Consultants</b>	3	10
<b>Psychiatrist</b>	N/A	N/A
<b>Psychologist</b>	N/A	N/A
<b>Other</b>	N/A	N/A

## **Vision**

CareVitality ([www.carevitality.com](http://www.carevitality.com)) will act as a CTO to assist practices in delivery of care transformation under this program. CareVitality has been helping practices in transformation activities since 2009 as part of our parent company EMR & Practice Management Consultants, Inc. ([www.ehrpmc.com](http://www.ehrpmc.com)). CareVitality provides comprehensive care management solutions and additional Healthcare IT consulting to help put practices on a successful road map to participating in value-based care transforming their practice. CareVitality Services have included the following: 1. Chronic Care Management and Behavioral Health Integration Services 2. Transitional Care Management and Annual Wellness Visits support 3. Make effective use of upfront care management fees for CPC+ with our assistance and our care team 4. Support all performance categories and their respective measures under the Merit-based Incentive Payment System (MIPS) 5. Assist practices in achieving positive payment adjustments through Medicare's value-based care initiatives CareVitality's clinical team and healthcare IT consultants perform the required services for you to improve your patient outcomes, decrease utilization cost and increase the wealth of your practice in this transition. At CareVitality we provide experience in MACRA/ Quality Payment Program (QPP/MIPS/APM), Meaningful Use, ICD-10, Privacy/ Security, Optimization and Care Management Services and experience working on over 150 EHR Systems. We have been selected by CMS as a preferred CPC+ vendor. CareVitality bridges the care management and technology gaps with the new cost and quality program initiatives to help practices transform successfully towards value-based care. CareVitality provides consulting in MACRA/ Quality Payment Program (MIPS/APM) consulting to help practices be successful on your journey towards value-based healthcare. CareVitality provides Care Management/ Care Coordination services that help you meet the requirements for CCM, Complex CCM, TCM, AWWs, BHI, MACRA/ QPP and More. We help healthcare providers develop a seamless Chronic Care Management/Transitional Care Management/ Behavioral Health Integration/ Annual Wellness Visit program(s) to improve patient outcomes and decrease utilization cost per patient without the need to increase staff in the office by utilizing our Care Team. CareVitality, a subsidiary of EHR & Practice Management Consultants, Inc. is trusted. We have been in business with a strong focus in the ambulatory space for nine years. We understand the day to day challenges healthcare organizations and practices face when adjusting to the modernization of healthcare. Our leadership has more than 20 years' experience in Healthcare ranging from HIT, Clinical, Legal and Regulatory and our staff have on average more than 10 years' experience working in the Health Information Technology and Care Management. Through our extensive experience we are able to offer the expertise necessary to overcome barriers to success in the new landscape of value-based healthcare. We will take the lessons learned as part of assisting our clients in CCM, TCM, BHI, AWW, CPC+ Security and Healthcare IT consulting that have made us successful and as a CTO assist practices in delivery of care transformation under this program.

### **Approach to Care Delivery Transformation**

For every patient that is onboarded a licensed RN will put a comprehensive care plan together and signed off by the provider. Follow up on the care plan will be done by our care coordination team consisting of LPNs, Medical Assistants, CNAs, certified nutritionists and licensed social workers. In complex cases the RN Care Manager will support the patient and care coordination team to revise and monitor the care plan and work with the patient. For every 12 members of the care coordination team they will be assigned an RN care manager that they will work with as well as the RN care manager will doing regular audits on the care team.